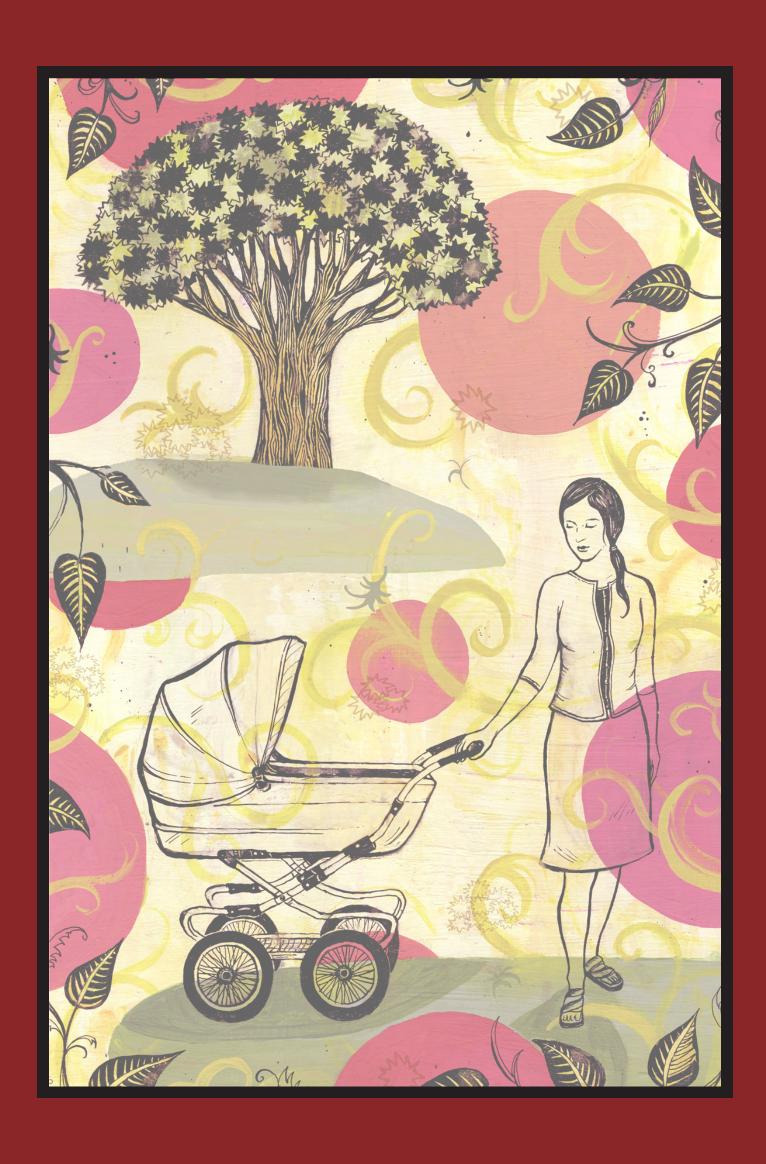
Postpartum Depression Speak Up When You're Down



Are you pregnant or have you recently had a baby?

Feeling sad or anxious for more than two weeks means it's time to get help.

Speak up when you're down to find help in your area.

PHONE: 1-888-404-7763

WEB SITE: www.speakup.wa.gov

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